

# Soups & Salads

## HOMEMADE SOUP OF THE DAY

*Ask about today's fresh selection.*

### GRILLED CHICKEN CAESAR SALAD *without croutons*

*Crisp romaine lettuce, Parmesan cheese & crouton tossed in Caesar dressing.*

*Topped with grilled chicken.*

### TRIO SALAD *without crackers*

*Chicken, tuna and egg salad on a bed of lettuce with assorted crackers.*

### CHEF SALAD

*Fresh lettuce, turkey, ham, shredded cheese, tomatoes and eggs with your choice of dressing.*

Salad Dressings

1000 Island • Ranch • French • Italian • Caesar • Poppyseed

# Sandwiches

sandwiches served with choice of two sides | breads: white • wheat • rye • raisin • wrap

### TURKEY BURGER

*A juicy hand-pattied burger with lettuce, tomato, pickle and onions.*

*Add American or Swiss cheese if you like.*

### CLASSIC GRILLED CHEESE

*Texas toast and melted American cheese.*

### TOASTED CLUB SANDWICH

*Ham and roasted turkey breast, bacon, American or Swiss cheese, lettuce, tomato and mayo.*

### PATTY MELT

*Hand-pattied beef patty topped with grilled onions and Swiss cheese on toasted rye bread.*

### GRILLED CHICKEN WRAP

*Grilled Chicken Breast wrapped in a Tomato Basil Tortilla with*

*Lettuce, Tomato & a light Chipotle Mayo.*

### EGG SALAD SANDWICH

*Freshly made egg salad on a flaky croissant.*

### BLT

*Bacon, lettuce and tomato on your choice of bread.*

### CHICKEN SALAD SANDWICH

*Traditional chicken salad with lettuce and tomato.*

### TUNA SALAD SANDWICH

*Classic tuna salad with lettuce and tomato.*



# Hot Entrees

entrees served with choice of two sides

## CITRUS GRILLED TILAPIA

Tilapia Fillet grilled with Sweet Pineapple seasoning.

## OPEN FACED ROASTED TURKEY SANDWICH

Whole Roasted Turkey Breast sliced & served open faced on Texas Toast with Herbed Pan Gravy.

## GRILLED CHICKEN BREAST

Delicately seasoned chicken breast, grilled to seal in the flavor.

## PASTA ALFREDO

A rich cream and Parmesan sauce tossed with pasta. Add grilled chicken if you like.

## HERB ROASTED CHICKEN

Seasoned bone-in Chicken roasted with a light Herb Butter.

## HOMESTYLE POT ROAST *without gravy*

Tender Pot Roast cooked with fresh Carrots, Celery & Onions. Served with Pan style gravy.

## PULLED PORK SANDWICH

Slow roasted Pork Butt served with a side of Regular or Carolina Style BBQ Sauce.

## MANICOTTI

Pasta stuffed with Ricotta Cheese & topped with Marinara & shredded Cheese.

## BEER BATTERED COD

Cod Fillets dipped in Sweet Beer Tempura Batter. Fried Golden Brown.


## TURKEY MEATLOAF

Just like grandma used to make, topped with brown gravy.

## CRAB SALAD PLATE *without croissant*

Seasoned Crab Salad served on Leaf Lettuce with Croissant & seasonal Fresh Fruit cup.

# Sides

Baked Potato    • Mashed Potatoes w/ Gravy • Brown Rice   

Vegetable of the Day   • Macaroni and Cheese • Cottage Cheese  

Applesauce   • Cole Slaw  • Baked Beans  • Pasta Salad • Potato Salad 

Baked Sweet Potato   • Jello   • Fruit Cup    • Yogurt   • Chips

# Breakfast

## SILVER PLATTER BREAKFAST *without bread*

One or two eggs, any way, with choice of bacon, sausage patties, or grilled ham.  
Served with your choice of white, wheat, raisin or rye toast.

## BISCUIT & SAUSAGE GRAVY

One halved freshly baked biscuit smothered in sausage gravy.

## EGG MUFFIN

A fried egg served with your choice of hickory smoked bacon, grilled ham or sausage patty and American cheese on an English muffin.

## FLUFFY PANCAKES

One or two fluffy, made to order pancakes served with your choice of bacon, sausage patties or grilled ham.

## EGG WHITE SCRAMBLE

Scrambled Egg White cooked with Bell Peppers, Onions & Cheese.

## FRENCH TOAST

A custard soaked, golden slab of French toast served with your choice of bacon, sausage patties or grilled ham.

## BUILD YOUR OWN OMELET

A fluffy omelet filled with your choice of:





Cheese - American • Swiss • Cheddar

Meat - Sausage • Ham • Bacon

Veggies - Onions • Peppers • Mushrooms • Tomatoes

## BREAKFAST SIDES

Hash Browns  • Biscuits • Toast • Sausage Patties 

Ham  • Bacon  • Assorted Hot & Cold Cereals  • Fruit Cup 

# Beverages

Coffee • Hot Tea • Hot Chocolate • Ice Tea  
Lemonade • Fruit Punch • Milk • Cranberry Juice  
Apple Juice • Orange Juice • Prune Juice • Tomato Juice



Gluten Free



Heart Healthy



Excellent for Brain Health